

Compassion: Younger Students

The April Character Trait of the Month

Compassion is the ability to understand and care about the feelings and needs of others. When we show compassion, we are showing kindness and empathy towards those around us.

Being compassionate means putting ourselves in someone else's shoes and imagining what they may be feeling. It is about being aware of their struggles and offering them help and support. Compassion helps us to build strong relationships with others, as it allows us to connect with them on a deeper level.

This month's video features the book "The Invisible Boy." While you watch the video, you can use your compassion to imagine how Brian, the main character, might be feeling. Please watch this with someone you enjoy talking to. Then, discuss the questions below.

[The Invisible Boy, Written by Trudy Ludwig Illustrated by Patrice Barton](#)

Discussion Questions:

1. At the beginning of this story, Brian felt invisible because his classmates ignored him. Talk about a time when you felt ignored or invisible.
2. When you watched this video, could you imagine how Brian might feel? If you did, that means you are someone who has compassion for others. Is having compassion a good thing?
3. How would the world be different if humans did not have compassion?
4. What are some ways you could help someone who was feeling invisible?